

Your
STEP-BY-STEP GUIDE
to creating beautiful skin



Environ **TREATMENT MENU**

ESSENTIAL *treatments*

Essential **YOUTH RESET**

Essential **MOISTURE BOOST**

Essential **COMFORT CALM**

Essential **RADIANCE REVEAL**

FOCUS-ON *treatments*

Focus-On **FROWN**

Focus-On **EYE**

Focus-On **TEXTURE**

Focus-On **EVEN TONE**

Focus-On **BODY PROFILE**

COOL PEEL *treatments*

YOUTH RENEW *Cool Peel*

MOISTURE BOOST *Cool Peel*

DEEP CLEANSING *Cool Peel*

BRIGHT RECOVERY *Cool Peel*

BLEMISH CONTROL *Cool Peel*

VIBRANT-C *Cool Peel*

ENVIRON

a beautiful skin for a lifetime

Essential YOUTH RESET

60-90 mins

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Apply **GEL MICRO-EXFOLIATOR**, as a secondary exfoliator for an additional 3 – 5 minutes with steam
7. Advanced option: Do Cosmetic Needling for 3 minutes prior to serum application
8. Apply **PEPTIDE SERUM** and treat each focus area(s) with the sonophoresis probe (SONO only or SONO/IONTO(+) combo) for the required time (15 sec per position), before massaging any remaining serum into the skin
9. If required, follow with **FROWN SERUM** on the frown area and treat with the sonophoresis probe for the required time (15 seconds stationary positions), before massaging any residual serum into the skin.
10. Apply the selected vitamin A serum to the entire face and neck
11. Apply the **ALGINATE MASQUE/HAIZE GAUZE** with **CONDUCTIVE GEL** to do field iontophoresis(-) for 20 minutes
12. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
13. Remove the **ALGINATE MASQUE/HAIZE GAUZE** and massage any remaining serum into the skin
14. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
15. Discuss the at home and professional treatment plan



Essential **MOISTURE BOOST**

60-90 mins

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Apply **GEL MICRO-EXFOLIATOR**, as a secondary exfoliator for an additional 3 – 5 minutes with steam
7. Advanced option: Do Cosmetic Needling for 3 minutes prior to serum application
8. Apply **HYDRATING SERUM** and treat each focus area(s) with the sonophoresis probe (SONO only or SONO/IONTO(+) combo) for the required time (15 sec per position), before massaging any remaining serum into the skin
9. Apply **TREATMENT GEL** to the entire face and neck
10. Apply **HAIZE GAUZE** with **CONDUCTIVE GEL** to do field iontophoresis(-) for 20 minutes
11. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
12. Remove the **HAIZE GAUZE** and massage any remaining product into the skin
13. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
14. Discuss the at home and professional treatment plan



Essential **COMFORT CALM**

60-90 mins

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Apply **COLOSTRUM SERUM** and treat each focus area(s) with the sonophoresis probe (SONO only) for the required time (15 sec per position), before massaging any remaining serum into the skin
7. Apply **TREATMENT GEL** to the entire face and neck
8. Apply the **ALGINATE MASQUE/HAIZE GAUZE** with **CONDUCTIVE GEL** to do field iontophoresis(-) for 20 minutes
9. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
10. Remove the **ALGINATE MASQUE/HAIZE GAUZE** and massage any remaining serum into the skin
11. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
12. Discuss the at home and professional treatment plan



Essential **RADIANCE REVEAL**

60-90 mins

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Apply **GEL MICRO-EXFOLIATOR**, as a secondary exfoliator for an additional 3 – 5 minutes with steam
7. Advanced option: Do Cosmetic Needling for 3 minutes prior to serum application
8. Apply **DERMA-LAC LOTION** or **MELA-FADE SERUM SYSTEM** and treat each focus area(s) with the sonophoresis probe (SONO only or SONO/IONTO(+)) for the required time (15 sec per position), before massaging any remaining serum into the skin
9. Apply the selected vitamin A serum to the entire face and neck
10. Apply the **ALGINATE MASQUE/HAIZE GAUZE** with **CONDUCTIVE GEL** to do field iontophoresis(-) for 20 minutes
11. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
12. Remove the **ALGINATE MASQUE/HAIZE GAUZE** and massage any remaining serum into the skin
13. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
14. Discuss the at home and professional treatment plan



Focus-On **FROWN**

20-30 mins

1. Massage **PRE-CLEANSING OIL** into skin
2. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
3. Cleanse with **CLEANSING GEL** and remove with a compress
4. Apply **TONER FORTE** onto cotton wool and tone
5. Advanced option: Do Cosmetic Needling for 3 minutes prior to serum application
6. Apply **FROWN SERUM** to focus area (frown lines above and below the brows, between the eyes) and treat each area(s) with the sonophoresis probe (SONO only or SONO/IONTO(+) combo) for the required time (15 sec per position), before massaging any remaining serum into the skin
7. Massage **TREATMENT GEL** into the focus area until absorbed
8. Apply **ALGINATE MASQUE** to the focus area and do a relaxing scalp massage while the mask sets
9. Remove **ALGINATE MASQUE** and massage any remaining product into the skin
10. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
11. Discuss the at home and professional treatment plan



Focus-On EYE

30 mins

1. Massage **PRE-CLEANSING OIL** into skin
2. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
3. Cleanse with **CLEANSING GEL** and remove with a compress
4. Apply **TONER FORTE** onto cotton wool and tone
5. Advanced option: Do Cosmetic Needling for 3 minutes prior to serum application
6. Apply **HYDRATING SERUM** to the eye area (smile lines, below the brows and bottom eye lids)
7. Treat the eye area with the sonophoresis probe (SONO only or SONO/IONTO(+)
combo) for the required time (15 sec per position), before massaging any
remaining serum into the skin
8. Follow with **PEPTIDE SERUM** to the eye area
9. Repeat step 7
10. Massage **TREATMENT GEL** into the eye area until absorbed
11. Apply **ALGINATE MASQUE** to the focus area and do a relaxing scalp massage
while the mask sets
12. Remove **ALGINATE MASQUE** and massage any remaining product into the skin
13. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
14. Discuss the at home and professional treatment plan



Focus-On TEXTURE

30 mins

1. Massage **PRE-CLEANSING OIL** into skin
2. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
3. Cleanse with **CLEANSING GEL** and remove with a compress
4. Apply **TONER FORTE** onto cotton wool and tone
5. Advanced option: Do Cosmetic Needling for 3 minutes prior to serum application
6. Apply an even layer of **5% LACTIC-ACID CREAM** for 10 minutes, and neutralise with **NEUTRALISER CLEANSER** OR apply **5% TCA CREAM** to focus area(s) for 10 minutes before removing with a compress
7. Follow with **PEPTIDE SERUM** or **RETINOL SERUM** to focus area(s)
8. Treat the focus area with the sonophoresis probe (SONO only or SONO/IONTO(+) combo) for the required time (15 sec per position), before massaging any remaining serum into the skin
9. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
10. Discuss the at home and professional treatment plan



Focus-On **EVEN TONE**

20-30 mins

1. Massage **PRE-CLEANSING OIL** into skin
2. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
3. Cleanse with **CLEANSING GEL** and remove with a compress
4. Apply **TONER FORTE** onto cotton wool and tone
5. Advanced option: Do Cosmetic Needling for 3 minutes prior to serum application
6. Apply **DERMA-LAC LOTION** to focus area(s)
7. Treat the focus area with the sonophoresis probe (SONO only or SONO/
IONTO(+) combo) for the required time (15 sec per position), before massaging
any remaining serum into the skin
8. Apply **MELA-FADE SERUM SYSTEM** to the focus area(s)
9. Repeat step 7
10. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
11. Discuss the at home and professional treatment plan



Focus-On **BODY PROFILE**

20-30 mins

BODY AREA

1. Lather **CLEANSING GEL** into a rich foam and cleanse the focus area(s) before removing with a compress
2. Apply **TONER FORTE** onto cotton wool and tone
3. Do Cosmetic Needling prior to serum application
4. Massage **RETINOL SERUM** into the focus area(s)
5. Follow with **BODY PROFILE GEL**
6. Treat the focus area with the sonophoresis probe (SONO only or SONO/IONTO(+) combo) for the required time (15 sec per position), before massaging any remaining serum into the skin.
7. End off with massaging **MASSAGE OIL** into the skin
8. Optional: wrap treated area with cling wrap for 15 minutes. Do a relaxing scalp massage during the wrap.



Focus-On **BODY PROFILE**

20-30 mins

SUBMENTAL AREA

1. Massage **PRE-CLEANSING OIL** into skin
2. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
3. Cleanse with **CLEANSING GEL** and remove with a compress
4. Apply **TONER FORTE** onto cotton wool and tone
5. Advanced option: Do Cosmetic Needling for 3 minutes prior to serum application
6. Apply **BODY PROFILE** to focus area below the jawline
7. Treat the focus area with the sonophoresis probe (SONO only or SONO/
IONTO(+) combo) for the required time (15 sec per position), before massaging
any remaining serum into the skin.
8. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
9. Discuss the at home and professional treatment plan



YOUTH RENEWAL

Cool Peel

60-90 mins

TCA

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Protect the lip with **NEUTRALISER** if cold sores are a regular occurrence
7. Apply **2.5% TCA GEL** with a cross stroke action to ensure an even application, allowing each layer to dry before applying the next layer. Continue until the desired level of peeling is achieved after which the peel should dry completely before removing with a compress.
Always neutralise with **NEUTRALISER** when any frosting of the skin is noticed (1-3 layers = mild peeling; 4 - 6 layers = advanced peeling effect)
8. Apply **TREATMENT GEL** and massage gently until absorbed
9. Apply the **ALGINATE MASQUE** to do field iontophoresis(-) for 20 minutes
10. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
11. Remove **ALGINATE MASQUE** and massage any remaining product into the skin
12. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
13. Discuss the at home and professional treatment plan



ENVIRON

a beautiful skin for a lifetime

YOUTH RENEWAL

Cool Peel

90 mins

TCA **ADVANCED**

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Protect the lip with **NEUTRALISER** if cold sores are a regular occurrence
7. Apply 6 layers of **2.5% TCA GEL** with a cross stroke action to ensure an even application, allowing each layer to dry before applying the next layer. The peel should dry completely before removing with a compress. Always neutralise with **NEUTRALISER** when any frosting of the skin is noticed
8. Apply **TREATMENT GEL** and massage gently until absorbed
9. Apply the **ALGINATE MASQUE** to do field iontophoresis(-) for 20 minutes
10. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
11. Remove **ALGINATE MASQUE** and massage any remaining product into the skin
12. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
13. Discuss the at home and professional treatment plan

REPEAT THIS PROTOCOL ON TWO CONSECUTIVE DAYS



YOUTH RENEWAL

Cool Peel

60-90 mins

LACTIC ACID

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Protect the lip with **NEUTRALISER** if cold sores are a regular occurrence
7. Apply an even layer of **5% LACTIC ACID CREAM**, allowing it to remain on the skin for 5-10 minutes for a milder peel, and 10 -20 minutes for a more advanced peeling effect.
8. Apply a layer of **NEUTRALISER** over the cream peel and massage gently for 5 minutes before removing with a cool compress. Follow with lathering **NEUTRALISER** in the hands and washing the skin before removing thoroughly with a cool compress.
9. Apply **TREATMENT GEL** and massage gently until absorbed
10. Apply the **ALGINATE MASQUE** to do field iontophoresis(-) for 20 minutes
11. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
12. Remove **ALGINATE MASQUE** and massage any remaining product into the skin
13. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
14. Discuss the at home and professional treatment plan



ENVIRON

a beautiful skin for a lifetime

MOISTURE BOOST

Cool Peel

60 mins

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Protect the lip with **NEUTRALISER** if cold sores are a regular occurrence
7. Apply one layer of **10% LACTIC ACID GEL** with cross strokes to ensure an even application
8. Apply the **HAIZE-GAUZE** with **CONDUCTIVE GEL** and do field iontophoresis(-) for 15 minutes, remove and massage remaining product into skin
9. Apply **TREATMENT GEL** and massage gently until absorbed
10. Follow with **ALGINATE MASQUE** and do field iontophoresis(-) for 15 minutes
11. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
12. Remove **ALGINATE MASQUE** and massage any remaining product into the skin
13. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
14. Discuss the at home and professional treatment plan



ENVIRON

a beautiful skin for a lifetime

DEEP CLEANSING

Cool Peel

60 mins

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Protect the lip with **NEUTRALISER** if cold sores are a regular occurrence
7. Apply one layer of **10% LACTIC ACID GEL** with cross strokes to ensure an even application
8. Apply the **HAIZE-GAUZE** with **CONDUCTIVE GEL** and do field iontophoresis(+) for 15 minutes, remove and massage remaining product into skin
9. Apply **TREATMENT GEL** and massage gently until absorbed
10. Follow with **ALGINATE MASQUE** and do field iontophoresis(-) for 15 minutes
11. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
12. Remove **ALGINATE MASQUE** and massage any remaining product into the skin
13. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
14. Discuss the at home and professional treatment plan



ENVIRON

a beautiful skin for a lifetime

BRIGHT RECOVERY

Cool Peel

60 mins

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Protect the lip with **NEUTRALISER** if cold sores are a regular occurrence
7. Apply six layers of **10% LACTIC ACID GEL** with cross strokes to ensure an even application
8. Allow each layer to dry before applying the next layer. The peel should dry completely before removing with a compress
9. Apply **TREATMENT GEL** and massage gently until absorbed
10. Follow with **ALGINATE MASQUE** for 15 minutes
11. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
12. Remove **ALGINATE MASQUE** and massage any remaining product into the skin
13. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
14. Discuss the at home and professional treatment plan



ENVIRON

a beautiful skin for a lifetime

BLEMISH CONTROL

Cool Peel

60 mins

TCA

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Protect the lip with **NEUTRALISER** if cold sores are a regular occurrence
7. Apply **2.5% OR 5% TCA CREAM** evenly, allowing it to remain on the skin for 5-10 minutes for a milder peel, and 10 -20 minutes for a more advanced peeling effect. Steam is optional to further enhance the peeling action. Remove with compress
8. Apply **TREATMENT GEL** and massage gently until absorbed
9. Apply the **ALGINATE MASQUE** to do field iontophoresis(-) for 20 minutes
10. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
11. Remove **ALGINATE MASQUE** and massage any remaining product into the skin
12. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
13. Discuss the at home and professional treatment plan



ENVIRON

a beautiful skin for a lifetime

BLEMISH CONTROL

Cool Peel

90 mins

TCA **ADVANCED**

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Do Cosmetic Needling for 3 minutes
7. Protect the lip with **NEUTRALISER** if cold sores are a regular occurrence
8. Apply an even layer of **5% TCA CREAM** for 20 minutes on the skin. Steam is optional to further enhance the peeling action. Remove with compress
9. Always neutralise with **NEUTRALISER** when any frosting of the skin is noticed.
10. Apply **TREATMENT GEL** and massage gently until absorbed
11. Apply the **ALGINATE MASQUE** to do field iontophoresis(-) for 20 minutes
12. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
13. Remove **ALGINATE MASQUE** and massage any remaining product into the skin
14. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
15. Discuss the at home and professional treatment plan

REPEAT THIS PROTOCOL ON TWO CONSECUTIVE DAYS



ENVIRON

a beautiful skin for a lifetime

BLEMISH CONTROL

Cool Peel

60-90 mins

LACTIC ACID

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Protect the lip with *NEUTRALISER* if cold sores are a regular occurrence
7. Apply an even layer of **2.5%** or **5% LACTIC ACID CREAM**, allowing it to remain on the skin for 5-10 minutes for a milder peel, and 10 -20 minutes for a more advanced peeling effect.
8. Apply a layer of **NEUTRALISER** over the cream peel and massage gently for 5 minutes before removing with a cool compress. Follow with lathering **NEUTRALISER** in the hands and washing the skin before removing thoroughly with a cool compress.
9. Apply **TREATMENT GEL** and massage gently until absorbed
10. Apply the **ALGINATE MASQUE** and do field iontophoresis(-) for 20 minutes
11. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
12. Remove **ALGINATE MASQUE** and massage any remaining product into the skin
13. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
14. Discuss the at home and professional treatment plan



ENVIRON

a beautiful skin for a lifetime

BLEMISH CONTROL

Cool Peel

90 mins

LACTIC ACID **ADVANCED**

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Do Cosmetic Needling for 3 minutes
7. Protect the lip with **NEUTRALISER** if cold sores are a regular occurrence
8. Apply an even layer of **5% LACTIC ACID CREAM** cover with cling wrap for 20 minutes and remove
9. Apply a layer of **NEUTRALISER** over the cream peel and massage gently for 5 minutes before removing with a cool compress. Follow with lathering **NEUTRALISER** in the hands and washing the skin before removing thoroughly with a cool compress
10. Apply **TREATMENT GEL** and massage gently until absorbed
11. Apply the **ALGINATE MASQUE** and do field iontophoresis(-) for 20 minutes
12. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
13. Remove **ALGINATE MASQUE** and massage any remaining product into the skin
14. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
15. Discuss the at home and professional treatment plan

REPEAT THIS PROTOCOL ON TWO CONSECUTIVE DAYS



ENVIRON

a beautiful skin for a lifetime

VIBRANT-C

Micro Peel

60 mins

1. Massage **PRE-CLEANSING OIL** into skin
2. Massage **MICRO-EXFOLIATOR** over pre-cleanser for 5 minutes and remove with a compress
3. Apply **EYE MAKE-UP REMOVER** onto cotton wool and remove eye make-up
4. Cleanse with **CLEANSING GEL** and remove with a compress
5. Apply **TONER FORTE** onto cotton wool and tone
6. Follow the mixing instructions to mix the product components before applying **MICRO PEEL** evenly
7. Apply **HAIZE GAUZE** with **CONDUCTIVE GEL** to do field iontophoresis(-) for 20 minutes before removing and massaging any remaining product into the skin
8. Apply **MASSAGE OIL** to arms/hands/feet and do a relaxing massage during field iontophoresis
9. Remove **HAIZE GAUZE** and massage any remaining product into the skin
10. Conclude with **ESSENTIAL MOISTURISER** and protect with sunscreen
11. Discuss the at home and professional treatment plan



ENVIRON

a beautiful skin for a lifetime

Hand & Foot **WRAP**

AN ADD-ON TREATMENT TO ANY ENVIRON TREATMENT TO RELIEF DRY, SUN-DAMAGED SKIN

1. Apply **DERMA-LAC LOTION**
2. Follow with **GEL MICRO-EXFOLIATOR**
3. Lastly, apply **MASSAGE OIL** and follow with wrap for 20 minutes
4. Remove wrap and massage remaining product into the skin before protecting with sunscreen



ENVIRON
a beautiful skin for a lifetime